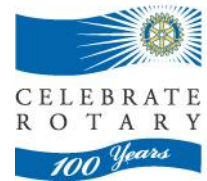




The Rising Sun

Monthly Bulletin of Rotary Club of Hyderabad East (RID 3150)



Vol. XIX No 2 30 Sep 2004

From the President's Desk



Dear Rotarians,

As our President Binod Sitani mentioned in the last bulletin - coming together is a beginning; keeping together is progress and working together is success. With the first quarter of the Centennial year behind us things are looking good. Like me, I am sure you too are looking forward to the coming

months of Rotary activity and family fellowship.

Here is the second issue of the year, made possible with especially with active contributions from Anns and Annets of our club. Thank you all, I look forward to your continued participation.

Yours in Rotary,
Mamta Sagar

Rotary Youth Exchange

Youth Exchange Students @ RCHE

The 4 Rotary Youth Exchange students to our RID 3150 – O'Shannon Burns, (RC Hammondspport, RID 7120, USA), Bruna (RC Alteia Da Serra, RID 4610, Brazil), Jonathan (RC Strathcona Sunrise, RID 5020, Canada) & Sandra (RC Coshocton, RID 6690, US) - get ready to share their initial impressions of their YE experience and Hyderabad with RC Hyderabad East on Sep 10, 2004.



Assimilating India

(O'Shannon Burns, our YE student, is from upstate NY, USA. Home club - RC Hammondspport, RID 7120)



I can hear the voices all around me echoing "the integral of ..." and "20 marks for Green's theorem, 15 for Stoke's?"

These are the voices of fifty teenage girls studying for the quarterly math exam that is to start in fifteen minutes.

Meanwhile, I just sit and take it in. The exam is on material they studied before I got here. I've already been excused by my teacher. Instead, I am studying India and most particularly the actions of Indian girls my age.

Everyday I come to school with these girls- my jeans and t-shirt combo stands out in the sea of *burqas* that enter the gate. But once inside the classroom, each girl tears off the black outfit as quickly as possible and reveals clothes of the brightest colours, beautiful jewellery and hands carefully decorated with *mehndi*. Instead of quiet, protected young ladies they become boisterous, hilarious and sometimes even inappropriate girls. So is India, a country full of beautiful secrets that have been surprising me everyday.

As a seventeen year old girl growing up in a small, mostly white neighbourhood in the rural part of New York I decided early on that there was a lot more to the world than what I currently knew. Fostering the desire to experience different people, places and ideas caused me to constantly reach out into the larger world. Luckily, having two forward thinking parents helped. They took me to all the big cities in the United States and tried to show me the different parts of our beautiful country.

Later on, they supported me when I decided to take a two week-long Girl Scout trip by myself to Maine and later to Boston. So, I guess it couldn't have come as much of a surprise when I asked them to let me take a year off before going to college and go abroad. My dad agreed, knowing that there was a wonderful International

Exchange program through Rotary that he could trust. My mom took me to my Rotary interview and when she left wished me luck.

While there, I slowly decided that I wanted to go to India. There was something about the country that had always amazed me and to experience a culture I knew was so completely different from mine was exactly my objective in going on an exchange. Upon returning home my parents weren't nearly as thrilled. Though they are two very modern people, I was still their baby girl. Exchange students travel to Europe all the time, but why a developing nation that they knew little about? This is exactly why I wanted to go, to teach others about the beauty of India. After talking to my Rotary counsellor I think my parents felt a lot better but it was probably one of the hardest things they'd ever done for me.

So here I am at the end of my first month of exchange in Hyderabad. So far, my exchange has exceeded my greatest expectations. It is easier to list the similarities between India and the United States because truly the countries are so different. Sometimes it is difficult to see things through Indian eyes.

Why is it that I find myself questioning the sanitation of food given out in a temple? Why do I think cars should drive on the right side of the road? Why do I always want to hug people? Because I am American and Americans do these things.

Little by little I am assimilating myself and am starting to understand why things are how they are in India. I have taken on a bit of an Indian mentality myself and have begun to question some of the things that I have done all my life. But this is the beauty of exchange... it is an opportunity to take off your jeans and try on a burqa, just to see how it feels.

- O'Shannon Burns

First Impressions

(Sriram Sukranti, son of Rtn Nagesh & Ann Sandhya, is our YE student hosted by RC of Elmira - RID 7120)

"Hello", "How are you?", "I am good and you" and "Isn't this a pleasant day?" are some of the phrases I hear from morning to night in America. All, adults including the elderly and children, use these as a form of greeting even with people they do not at all know. This is a form of courtesy they give to each other as they go about their daily lives; and many times a day you hear the very simple but effective "thank you".



My host family is really great and I just love them. They are a lot helpful, kind and sweet. My host dad is a lawyer, my host mom is a

physical therapist and my host sister is studying in the same school as I am and is in 11th grade.

I attend a public school (Elmira Free Academy) which gets students of all kinds and the facilities that it offers are pretty good. The kids here take a lot of interest in their studies and aim to achieve a good percentage to get into college. The colleges here do admit students that are not only good in academics but also in extra-circular activities and sports. Schools here are a lot different from back but according to me it is much easier, more fun and the kids really enjoy going to school here.

I have had so many new experiences since I came here; I



went canoeing, playing soccer for my school, baby-sitting, going apple picking, playing golf, taking the dog out for walk and many more things. As my host parents are Jewish I got to celebrate the Jewish New Year

with them, which was really interesting and met so many new people that I have never met before.

Here everyday is a new adventure for me. Nothing is late, rather people are always running to be ahead of everything. Though winter has not set in yet, I am already feeling the cold. While I do miss my parents sometimes, my host parents look after me very well – I now have another home away from home.

I want to thank all the people who have helped me out with this and also the Rotary Club of Hyderabad East for sponsoring me on my exchange. *I'm lovin' it!*

- Sriram Surakanti

Why I am a Rotarian?

(By Kalyan Banerjee [Classification: Phosphorus Manufacturing]. Director, Rotary International, 1995-97, Member of the Rotary Club of Vapi, India - Courtesy "Rotary Wisdom-Reflections on Service")

As a school boy I remember that I enjoyed accompanying my uncle, then a Rotary club president, to his club. Even then, I always had the feeling that in a Rotary meeting, I was with good people, caring people, loving people, friendly people.

Today, after 26 years in Rotary, I am a Rotarian for much the same reasons. With no other group of people do I have the same feeling of total care, of comfortable camaraderie, of friendship which seeks no returns, of looking at each new face as a friend whom I am just meeting. It is uncanny. It is almost unreal. It is the sort of

feeling that one has when as a child, one plays with school friends.

Rotary rejuvenates.

And it is axiomatic that when you stay together, you do things together—working comfortably and happily, to create things out of nothing; a school, a hospital, a vocational training center, or a water supply system for a remote rural village. It does not matter what, but it just seems to happen naturally.

I have often thought I would replicate this creative aspect of Rotary elsewhere, in other institutions, if I could. Somehow, I found it to be impossible. And so, I can never have enough of Rotary. Where else can one sit at a table with friends and seriously—very seriously, mind you—ponder over ways and means to enhance your community, develop a new youth project, or conjure up a program to bring the people of the world together?

And to think that what I do or contribute by way of resources and time does really make a difference! It really does matter! Talk of ordinary people and extraordinary opportunities!

Where else, but in Rotary?

The RCHE Family

Rtn U Ravi Rao

Unique, Reliable, Affectionate, Vivacious, Intelligent, Responsible, Awesome and Organized is how I would like to describe Rtn. Dr. U Ravi Rao

It is indeed a near impossible task to pen down ones thoughts in a few words for a person of his stature—the virtual founder of the RCHE. Having held all the key positions at the club and many in the district he has worked with total commitment and devotion for the cause of Rotary. Always the first one to lend his hand, he is a true Rotarian. Despite being a busy executive, Ravi has not only been a source of inspiration for fellow Rotarians but we can also lovingly and proudly call him The Trouble Shooter. Wonder how he has ready solutions to the problems even before they crop up --- a man with a wonderful foresight !!

Ravi has held positions of prestige in the corporate world as well and has always been successful in accomplishing whatever he focused at. Currently in the field of pharmaceuticals, Ravi's dynamism and enterprising attitude calls for raising a 'Toast' in his name—and that should energize you "Dear Ravi" to work with further enthusiasm for the cause of Rotary.

Suvarni, Ravi's wife and my best friend, is a person one just can't help admiring. Working as the supervisor of the Primary Block at Bharatiya Vidya Bhavan's School Jubilee

Hills, as her colleague I am a witness to her commitment towards her work with a strong desire to contribute her bit—being an educationist — towards the growth of the nation as a whole. A role model for the students and staff alike, we all look up to her for her guidance and support.

The Rao's are blessed with two daughters — Preeti, with her husband Ajay and two daughters Maya & Ruhi are doing extremely well at Chicago and Rekha, with her husband Ravindra and son Pranav are presently living a blissful life at Bangalore.

I would like to thank the Almighty for having given me a chance to know this wonderful family at close quarters and pray that they are further blessed with peace, prosperity, happiness and good health.

- Ritu Maithani

Rtn Amarnath Prasad

We all know Amarnath Prasad the calm, quiet and silent Rotarian with a pleasant smile on his face. Amar completed his BE, FIE in Mechanical Engineering and then did M.B.A, and LL.B. Presently he works as a legal consultant and valuer. He is a disciplined person. For him, family is a very precious space and feels it is necessary for every person to enjoy being part of his or her family. Amar reads a lot; it's his favourite pastime and RK Narayan is his favourite author.

Amar's wife Ahalya is a graduate in science. She has been a wonderful mother and a wife. She says her husband is an ideal person for her children. She appreciates all qualities in him except his short temper.

They are blessed with two children, Arun and Varun. Arun enjoys swimming and playing squash; he is currently in Intermediate. Arun's dream is to become a civil engineer and then a management consultant. Varun goes to school. He has still a lot of time to dream and make it come true.

It is my pleasure to know the Prasads better and use this opportunity to thank them for their hospitality and warmth.

- Mettu Srinivas Reddy

What's Cooking?

Ask Mamu about me; she'll convince you that I'm an extraordinarily lazy fellow at home; and I don't even move a little finger. Of course this is her favourite topic of discussion and she'll go on and on. Never mind, I'm now 26 years old, oh!!! I meant in the marriage and can now take any such insults (of course only from my beloved). Someone told me that all women are the same in this regard, they love to talk about things they think you can't do.

Just when I was making my plans to do some damage control about my reputation, our bulletin editor Mamta (Sagar and not my wife Mamata = Mamu) asked me to pen an article for our club bulletin. Having absolutely no writing experience, with my mind still on that damage control bit, I softly asked her if I could write on my rare culinary skills. She jumped at it; said that's just what she's looking for and insisted that I do as soon. No, No, No, I was only on my first drink when I made that promise (but did anyone ask me this!!!). Now things get serious, here is, **How to make an omelette:**

WHY: because you've been challenged. (You see this burning desire to do something at home is most important)

WHEN: You've dragged one of those fellow Rotarians home after a business meeting and 2 drinks with an offer of a small one for the road and some grub.

INGREDIENTS: (for 2-3 persons):

1. Take six eggs, Farm fresh!
2. Onions (generally you find them in the lower tray of our fridge). Cut them into fine pieces depending on the quantity of tears you can sustain to withhold.
3. Green Chillies (again same location in our fridge).
4. Oil (Sorry! don't ask me for the name, but smell before use).
5. Salt and pepper (Add to taste)

METHOD: Beat the eggs with an eggbeater and add already finely cut pieces of onions and green chillies and mix thoroughly. Place the non-stick pan on the stove (don't forget to light it). When it is hot enough, (Do NOT check this with your hand, RIGHT?). Now, pour a little oil; let it heat. Add the egg and rest of the ingredients already mixed together. Spread evenly on pan with the help of a spatula. Yes, watch the wobbling spread harden into an Omelette! If you watch for too long, there is a danger. It might turn into a black lump. So better Watch Out!

HOW TO SERVE: Serve in the best crockery your wife is proud of and do it in *Apra Ish..tyle!* along with a knife and fork. Serve along with bread toast and salt n pepper. I hope you guys will try this out and learn not to depend on your better halves. Happy cooking.

- Udaya Shankar

Announcements

Birthdays

16-Oct Ravi Rao	30-Oct Parsva Kr Jhabak
19-Oct Sai Padma (Madhu)	01-Nov Rajkumar Lohiya
25-Oct Shashi (Binod)	05-Nov Shobha (JAS Giri)
25-Oct Prem (Ritu)	07-Nov Rahul Agarwal
25-Oct Radhika (Sreenivasa)	20-Nov Raju Cjir
25-Oct Arindam (Rahul & Chetna)	21-Nov Anu (Sanjay)
28-Oct Shakuntala (Rajkumar)	27-Nov Sravya (Raju & Usha)

Wedding Anniversaries

20-Nov	Ritu & Prem Maithani
23-Nov	Uday Shankar & Mamta
29-Nov	Madhu Babu & Sai Padma

Annets Corner

MAGIC

If there was magic in the world,
Would we be witches and wizards?
Could we change weather?
From gentle breezes to blizzards.

Not geography or history,
But Transfiguration and charms!
Could we do this by saying a few words?
Or making a potion with some curds?

If there was magic in the world,
Would there be quills as pens?
Would parchment replace paper?
And on broomsticks would we caper?

- Nitya Khendry

Attention **RCHE Anns & Annets** – With a strong focus on family of Rotary we look forward to your contributions to "The Rising Sun". Children get the chance to win special gifts for interesting inputs to our club bulletin.

Did You Know?

Rotary Wheel - The first design was made by Chicago Rotarian Montague Bear in 1905 with 13 spokes. The current emblem with 6 spokes, 24 cogs and a key way have been in place since 1924.

The Four Way Test: Formulated by Herbert Taylor (1932)

First Theme: Develop Our Resources -RIP AZ Baker, 1955

Indian RI Presidents: Nitish C Laharry (Calcutta, 1962-63), Rajendra K Saboo (Chandigarh, 1991-92)

Women in Rotary: First women join in 1988-89 (Esther Johnson, RC Santa Monica – CA, USA)

RI President Nominee: Carl-Wilhelm Stenhammar (RC Göteborg, Sweden)

Editor: Rtn. Mamta Sagar
Contributors: Annets Nitya Khendry & Sriram Surakanti, Rtn. Ritu Maithani, Rtn. Udaya Shankar, Rtn. Sreenivasa Reddy & Rtn. Sanjay Khendry

Contact Us: rche@rotary3150.org
District Website: www.rotary3150.org
RCHE on WWW: www.rotary3150.org/clubs/hydeast.htm